# **Healthy Cleveland – Active Living Survey Key Themes:**

#### CDCs:

Union-Miles, Buckeye, Collinwood, Westown Halloran, Kamms Corners/Bellaire Puritas, Cudell, Harvard-Lee, Ohio City, SCFBC, Campus District, Old Brooklym, Mt. Pleasant, BBC, Slavic Village, Detroit Shoreway

### **Common Active Living Programs:**

- Walking Clubs
- Zumba
- Boot Camp/Strength
- Yoga
- Aerobics
- Youth Sport Leagues
- Recreation Center Programming
- Swimming
- Biking

## **Popular Active Living Programs:**

- Yoga
- Walking Clubs
- Sport Leagues
- Zumba
- Weight Classes
- Dancing

### What the community wants:

- · Dance Programs
- Skateboard park
- Adult Programming Cards, games, organized sports
- Programming for Seniors
- Bike Programs
- More Indoor Exercise/Winter Sports

#### Infrastructure conditions/comments:

- Recreation Centers centered towards Youth
- Safety concerns around rec centers
- Recreation Center infrastructure improvements
- Better maintained parks/playgrounds
- Improved access to parks, metroparks, trail network
- Increased Shared-Use Agreements for neighborhood resource

#### **Miscellaneous Comments:**

- Residents have a general lack of knowledge to Active Living Programming
- No way of tracking metrics (eg. How often a trail is used, etc.)
- Programming/activities mainly come from recreational centers
- Programs offered are well used, need more.
- Provide more outdoor, wellmaintained green space
- Issues between Adult/Youth at Reccenters